

Dec. 3, 2012



14 tested at HC's World AIDS Day event

Hastings Family Planning provided free HIV testing at a World Aids Day event on the Hastings College Campus Nov. 30.

The event was organized by the college's Peer HIV Education Organization, or PHIVE-O.

Fourteen students were tested for HIV using the Rapid Test. While they waited for test results, HFP community educator Betsy Herrman provided education about HIV transmission and counseling on safer sex practices.

"It was awesome to be part of this event," Herrman said. "Many of the students who were tested were already well educated about HIV because

of the hard work of PHIVE-O students on campus. Now they know first-hand what it's like to get tested, something we hope becomes a normalized experience for youth as more of them take responsibility for their sexual health."

The World AIDS Day remembrance also included an evening candlelight vigil at the French Chapel on Nov. 29. Students read poems and stories related to HIV and shared their own personal experiences.

On Nov. 30, PHIVE-O also hosted Cindy White, an Oma-



ha woman who been HIV positive for several years and devotes her time to educating young people about the disease and how they can protect themselves.

Students who got tested received a free t-shirt that displays the statistic that every 9 1/2 minutes, someone in the U.S. is newly infected with HIV.

December clinics

Wednesday, Dec. 5
5-7 p.m.
Dr. Todd Pankratz

Thursday, Dec. 6
11:45 a.m. to 12:45 p.m.
Barb Peckham, CNM

Wednesday, Dec. 12
5-7 p.m.
Dr. Tyler Adam

Thursday, Dec. 13
11:45 a.m. to 12:45 p.m.
Barb Peckham, CNM

Wednesday, Dec. 19
11 a.m. to 1 p.m.
Barb Peckham, CNM

Thursday, Dec. 20
11:45 a.m. to 12:45 p.m.
Barb Peckham, CNM

December is the season for giving

This holiday season, please consider a gift to Hastings Family Planning.

While federal funds and patient fees provide about two-thirds of our operating budget, we rely on the generosity of our supporters for the remaining need.

And because we are a non-profit agency, any donations received by Dec. 31 are tax

deductible!

Your donation helps keep our fees down so we can provide reproductive health care on a sliding fee scale. At HFP, no one is turned away because of an inability to pay because we believe every person has the right to available, affordable and confidential family planning and reproductive care.

Donations can now be made securely online at hastingsfamilyplanning.com by clicking the box in the upper right corner of the home page.

Donations can also be made in person at our office at 422 N. Hastings Ave. or mailed to PO Box 288, Hastings NE, 68902.

Thank you for considering HFP in your year-end giving!



